

"Supporting you, while you support your loved ones"

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Who is a Carer?

A Carer is a person who provides informal and/or unpaid support to a partner, family member, friend or neighbour who is ill, struggling or disabled and could not manage without this help.

This is distinct from a Care Worker, who is paid to support people. For this strategy, we will use 'Carer'.







The Voice of Carers

Throughout 2022 – 2023, we consulted with Carers across Tameside to understand what is most important to them.

In your assessment we asked you about your caring and role and how our service can support you.

We asked for feedback about our service and how we can improve what we do. In January we started Carers Coffee Mornings, this has been a great way for us to consult with a wide range of Carers by using feedback forms, flip charts, group and 1-1 conversations. This gives us the chance to hear about your experiences and how our service can meet your needs.

The Carers Forum is a chance to come together and have a voice in the service development, priorities, and impact. We look at everything from Carers experiences to the leaflets we provide.



We worked with an independent research consultancy firm. They developed 1-1 and group interviews with Carers to talk about being a Carer in Tameside. The research talked about the priorities and the vision that Carers felt were most important to them.

Feedback forms in the Carers Centre and in Carers Packs ask you about what would help you the most and what you know about the service.



The Big Conversation is an online survey that enabled you to look at our proposed visions and priorities of the strategy. This gave you the chance to look back on the consultation work and confirm if this work was meeting the right priorities.







Our Vision for adults...

We all want to live in the place we call home with the people and things that we love, in communities where we look out for one another, doing things that matter to us.









What matters to Carers?

1. Identifying and Recognising Carers	'I didn't realise as I was a Carer, I was just doing what I had to do to take care of my loved ones'.
2. Carers as real and expert partners	'It's important that Cares are listened to, we know the person we are caring for inside out and often know when there are changes in their health'.
3. Supporting Carers to stay health and well	'Helping Carers to have a social life access opportunities for training and education and getting them the right support and information at the right time. Helping Carers to network with each other if they wish to'.
4. Getting the right help at the right time	'I didn't know about Carers support, when I started Caring and I wish that I had have done as it would have really helped at the beginning'.
5. Younger Carers	'Supporting young carers in their educational settings. School settings to be more aware of situations that young carers face on a day-to-day basis. Reasons they could be late for school. Reasons why they might be disengaged in their learning. Taking Young Carers feelings into consideration and looking to support them to reduce their worries'.
6. Carers in/into employment and training	'Often Carers find it difficult to be employed due to the number of appointments and inflexibility of employer's or hospitals'.







Tameside Carers Centre

- Offers emotional support, advocacy, advice, guidance, advocacy and signposting
- A daily Carers drop-in service 10am 2pm at the Carers Centre
- Local Hubs
- 1-1 Support / Welfare Calls
- Monthly Coffee Morning, Carers Activities
- Carers Forum
- Events Carers Rights Day / Carers Week
- Carers Courses









Carers Offer

- Carers can ask for a Carers needs Assessment in their own right or a joint assessment with the person they care for
- Carers respite
- Tameside Emergency Card (TEC) for Carers Contingency planning
- Community Response Service (CRS)
- <u>Tameside and Glossop Talking Therapies</u>
- Be Well Tameside
- Tameside Voluntary Sector Age UK, MIND, Anthony Seddon, Together Centre etc.



CRS at Carers Right Day Information Fair













How can our Carers get support?

Carers can be referred by partner agencies, services within Tameside Council or carers can self-refer.

Find the Tameside Carers Centre at:

The People Place @ Tameside One Market Place Ashton-Under-Lyne OL6 6BH.

0161 342 3344
CarersCentre@tameside.gov.uk
Carers Centre Facebook



The Carers Centre can be accessed via Warrington
Street or Ashton Library

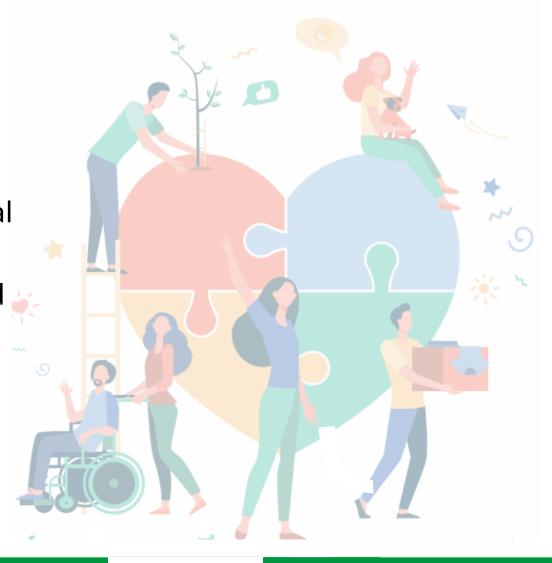






Next Steps

- Develop a delivery plan for implementation of the Strategy
- We plan to work with our partners across Social Care, Health and VCSF to do this
- We will continue to check back with Carers and ask them to have a voice in our work.
- We will feedback to Carers annually on our progress to deliver this strategy.
- LAUNCH MARCH 2024!









Any Questions?

Thank you







